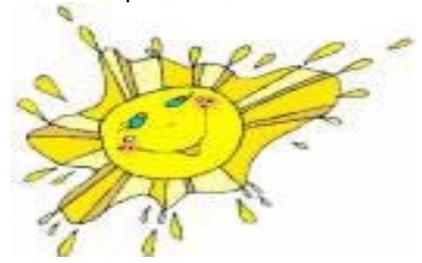


# **Bright Ideas for Washington State Bright Futures**

**September 2005**



## **A News Update from the Washington State Bright Futures Project**

### **News from Washington State**



#### **Upcoming Bright Futures workshops in Washington State:**

 **Saturday, October 22, 2005 \***

**Washington State Prevention Summit \* Yakima, WA**  
Bright Futures: Promoting Social Emotional Wellness (Partnerships, Prevention and Innovative Tools: A Strength Based Approach), will be presented by Gloria Hilsinger, public health nurse, family nurse practitioner and school nurse in the Yakima School District and Jean Myers of the WA Bright Futures project.  
<http://www1.dshs.wa.gov/dasa/services/OPPLR/Calendar2005.shtml>

 **Saturday, October 29, 2005 \* Pacific NW 28<sup>th</sup> Annual National Conference: Advanced Practice in Primary and Acute Care \* Washington State Convention and Trade Center, Seattle**  
Health Promotion Tools for Teens, Parents, Schools and Clinicians.  
This workshop, to be presented by Teresa Cooper and Janet Cady, will focus on ways to incorporate health promotion and mental health screening into busy work schedules, and the wealth of Bright Futures resources available to enhance this component of care. More information is available at [www.uwcne.org](http://www.uwcne.org). Question? Please contact Janet at [cady@u.washington.edu](mailto:cady@u.washington.edu)

 **December 15, 2005 \* Washington Health Foundation \* SeaTac, WA**  
Sue Wendel and Jean Myers will give an update on Bright Futures mental health activities at the Partners in Mental Health Development of Children and Youth conference, being coordinated by the Washington Health Foundation. [www.whf.org](http://www.whf.org)

**Washington State is  
on the AAP  
Website!**



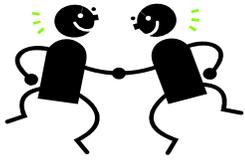
Postings of a sample of Washington State Bright Futures activities are now included on the American Academy of Pediatrics Bright Futures web site.

Visit "Bright Futures in Practice" in any of the following web categories:

- × Health Care Professionals,
- × Families and Communities and
- × Public Health Professionals

Click on Bright Futures in Practice and use the US map to learn more about BF activities in Washington State.  
<http://brightfutures.aap.org>

Let us know if you have a BF activity that should be listed on the AAP website, we'll help you get your information posted. Contact Jean Myers at [jm9@u.washington.edu](mailto:jm9@u.washington.edu)



# Formal Introductions!

## RESOURCES

TO:

- Request items from the Bright Futures Lending Library
- Learn more about the Washington State Bright Futures Project
- Obtain technical assistance or training in the use of Bright Futures materials

Contact:

Teresa Cooper

[Teresa.Cooper@doh.wa.gov](mailto:Teresa.Cooper@doh.wa.gov)

Jean Myers

[jm9@u.washington.edu](mailto:jm9@u.washington.edu)

Sue Wendel

[swendel@u.washington.edu](mailto:swendel@u.washington.edu)

**Teresa Cooper** is a Public Health Nurse Consultant at the Washington State Department of Health-Office of Maternal and Child Health. She started in her current position one year ago, after completing graduate degrees in nursing and public health at the University of Washington. Before that, Teresa worked as a nurse in various specialty areas, including pediatric home health care and school nursing in Vancouver, Washington.

As a member of the Youth Development Team, Teresa provides leadership in implementing Bright Futures in child and youth health programs in Washington State. Her current projects include managing two contracts with the University of Washington: one to promote Bright Futures use statewide, especially in schools; and the other to use Bright Futures to increase the quality of health promotion efforts in early childhood care and education programs. Teresa can be reached at 360-236.3530; [Teresa.Cooper@doh.wa.gov](mailto:Teresa.Cooper@doh.wa.gov).

## Bright Futures in Early Childhood Project



The Administration for Children & Families approved a no-cost budget extension for the Bright Futures in Early Childhood Project through June 1, 2006 !! This allows the project to measure the effectiveness of using Bright Futures materials in the Head Start, Early Head Start, ECEAP and Child Care pilot sites for a full school year.

## National Bright Futures News

### Materials Update

The American Academy of Pediatrics is preparing a Third Edition of the Bright Futures Guidelines for Health Supervision, the cornerstone of Bright Futures materials. There will be an opportunity to review the final manuscript in Fall 2005 during an online public review. If you are interested in being a reviewer, please send an e-mail to [brightfutures@aap.org](mailto:brightfutures@aap.org). Watch for the Bright Futures Guidelines for Health Supervision, Third Edition, to be available in 2006.

### Oral Health: Training Resources from Maternal Child Health:

- <http://www.mchoralhealth.org/Toolbox/index.html>
- <http://www.mchoralhealth.org/PediatricOH/index.htm>
- <http://www.aap.org/commpeds/dochs/oralhealth/training.cfm>



**We Welcome Your Stories for this Newsletter!**

